



## Sail Trainee Registration Form & Confidential GP Health Questionnaire

### SECTION 1 Confidential GP Health Questionnaire

*(This section to be completed by a licensed GP with access to your medical history)*

Given Name		Surname		Preferred Name (If different)	
Name on Medicare Card & Number (Australian only)					
Private Health Cover Fund & Number (if applicable)					
DOB	Gender Female/Male/Other	Blood Type:	T Shirt Size S, M, L, XL	Height (cm)	Weight (kg)

**Please Tick all that apply**

Does the applicant suffer from any illness or disability? ☐

*(This includes hearing, sight, and mental health/learning difficulties)*

Is the applicant currently receiving any medication or other treatment? ☐

**Has the applicant suffered from any of the following, either currently or in the past (Please tick all that apply)?**

Asthma (Circle: Slight, Mild, Extreme) <input type="checkbox"/>	Giddiness <input type="checkbox"/>
Hayfever <input type="checkbox"/>	Severe headaches, migraines <input type="checkbox"/>
Reaction to specific foods, drugs or injections (Specify below) <input type="checkbox"/>	Sleepwalking, sleeping difficulties <input type="checkbox"/>
Fainting attacks or blackouts <input type="checkbox"/>	Tendency to bleed or bruise easily <input type="checkbox"/>
Epilepsy, fits, or convulsions <input type="checkbox"/>	Diabetes <input type="checkbox"/>
Any communicable disease including HIV or any form of Hepatitis A, B, or C <input type="checkbox"/>	Travel sickness – sea sickness <input type="checkbox"/>

**If you have ticked ANY boxes above, please give a detailed explanation here (including all medication, dosage and frequency):**

It is my opinion that the applicant **\*IS / \*IS NOT** medically fit to handle the rigours of a multi-day sea voyage **\*Please circle**

Medical Officer's Name:	Signature:	Date:
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Name of Practice *(Please use Practice Stamp if possible)*:

Practice Address:

Phone:	Email Address:
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**How long have you known this patient?**

### SECTION 2 Medical Release and Emergency Contact Details

*(To be completed by Applicant or Parent/Guardian if applicant under 18 years)*

In the event of an accident or serious illness, I hereby give permission to the Commanding Officer of the Windeward Bound to seek medical attention on my behalf.

Name:	Signature:	Date:
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Next of Kin (NOK): <i>(Name of person to be contacted in the event treatment is required)</i>	NOK Relationship to applicant:
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NOK Email Address:	NOK Mobile Number:
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NOK Address:

**Dietary requirements and/or allergies and intolerances. E.g. Vegetarian, gluten, peanuts or N/A?**

### SECTION 3 Applicant Information

*To be completed by Applicant or Parent/Guardian if applicant under 18 years)*

Postal Address:	
Email Address:	Phone Number:
Signature:	Date